



KING COUNTY

1200 King County Courthouse
516 Third Avenue
Seattle, WA 98104

Signature Report

Motion 15888

Proposed No. 2021-0178.1

Sponsors Dunn, Dembowski, Lambert and Kohl-Welles

1 A MOTION relating to programs and services for
 2 prevention, outreach, and early intervention to address
 3 mental health and substance use impacts in children and
 4 youth five through twenty-four years old, which have been
 5 exacerbated due to the coronavirus disease 2019 pandemic.

6 WHEREAS, in 2010, Ordinance 16897 was enacted, establishing the King
 7 County Strategic Plan, 2010-2014. In 2015, the council passed Motion 14317, updating
 8 and revising King County's vision, mission, guiding principles and goals. Included
 9 within the county's goals are improving the health and well-being of all people in King
 10 County, implementing alternatives to divert people from the criminal justice system and
 11 ensuring that county government operates efficiently and effectively and is accountable
 12 to the public, and

13 WHEREAS, according to the Journal of the American Academy of Child and
 14 Adolescent Psychiatry and eighty studies on the topic, social isolation and loneliness, like
 15 that caused by the coronavirus disease 2019 pandemic, significantly increase the risk of
 16 depression and anxiety in previously healthy children and adolescents, and

17 WHEREAS, a 2014 study done by the University of Southern California of four
 18 hundred seventy-six adolescents, with the mean age of fourteen years old, concluded that
 19 depression levels directly associated with an increased likelihood of a lifetime use of

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20 inhalants, prescription pain killers and many other substances, and

21 WHEREAS, in a study conducted by the Centers for Disease Control and
22 Prevention in June 2020, 40.9 percent of respondents, eighteen years old or older,
23 reported at least one adverse mental or behavioral health condition. Those included 30.9
24 percent reporting symptoms of anxiety disorder or depressive disorder, 26.3 percent
25 reporting symptoms of a trauma-and stressor-related disorder related to the coronavirus
26 disease 2019 pandemic and 13.3 percent reported having started or increased substance
27 use to cope with stress or emotions related to COVID-19, and

28 WHEREAS, the existing Best Starts for Kids levy, which serves the county's
29 children, youth and families with upstream promotion, prevention and early intervention
30 programs, will expire at the end of 2021 and levy renewal requires voter approval, and

31 WHEREAS, the coronavirus disease 2019 pandemic has impacted the health and
32 well-being of the children, youth and families of King County as well as the regional
33 economic and human services systems including child care, and

34 WHEREAS, the executive's Best Starts for Kids levy renewal proposal, which is
35 Proposed Ordinance 2021-0062, would, subject to voter approval of a renewal levy,
36 allow levy proceeds to be expended for prevention and intervention early on negative
37 outcomes, including, but not limited to, poor birth outcomes, developmental delays,
38 chronic disease, social emotional isolation, mental health challenges, substance abuse,
39 dropping out of school, homelessness, domestic violence and effects of systemic racism
40 and incarceration, and

41 WHEREAS, subject to enactment of Ordinance XXXXX (Proposed Ordinance
42 2021-0062), the executive, not later than July 31, 2021, is required to transmit to the

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43 council for review and adoption by ordinance a proposed Best Starts for Kids
44 implementation plan that identifies the strategies to be funded and outcomes to be
45 achieved with the use of levy proceeds described in Ordinance XXXXX (Proposed
46 Ordinance 2021-0062);

47 NOW, THEREFORE, BE IT MOVED by the Council of King County:

48 The executive is requested, in developing the Best Starts for Kids implementation
49 plan, to:

50 A. Identify in the transmitted plan strategies relating to prevention, outreach and
51 early intervention to address mental health and substance use impacts, in children and
52 youth five through twenty-four years old, that have been exacerbated due to the
53 coronavirus disease 2019 pandemic; and

54 B. Consider programs and services that provide, expand access to or provide and

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55 expand access to substance use disorder supports for children and youth, including, but
56 not limited to, awareness campaigns on substance use.
57

Motion 15888 was introduced on 4/20/2021 and passed by the Metropolitan King County Council on 6/1/2021, by the following vote:

Yes: 9 - Ms. Balducci, Mr. Dembowski, Mr. Dunn, Ms. Kohl-Welles, Ms. Lambert, Mr. McDermott, Mr. Upthegrove, Mr. von Reichbauer and Mr. Zahilay

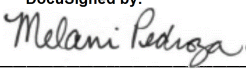
KING COUNTY COUNCIL
KING COUNTY, WASHINGTON

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Claudia Balducci, Chair

ATTEST:

DocuSigned by:

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Melani Pedroza, Clerk of the Council

Attachments: None

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Signer Events

Claudia Balducci
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 King County General (ITD)
 Security Level: Email, Account Authentication (None)

Signature

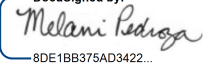
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Melani Pedroza
 melani.pedroza@kingcounty.gov
 Clerk of the Council
 King County Council
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Intermediary Delivery Events	Status	Timestamp
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Carbon Copy Events	Status	Timestamp
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Envelope Summary Events	Status	Timestamps

Envelope Summary Events	Status	Timestamps
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